

Pawtucket Youth Soccer Association's COVID-19 Control Plan

Reopening RI - Phase III

Last Revised: September 16, 2020

Pawtucket Youth Soccer Association

Business Address: PYSA Indoor Soccer Complex, 52 Plain Street, Pawtucket RI 02861

PYSA Leadership

President: Fred Nunes - Email: pysa-president@pawtucketsoccer.org

Vice President: Ana Desautel – Email: pysa-vp@pawtucketsoccer.org

Pawtucket Youth Soccer Association (PYSA) Board Members began addressing COVID-19 concerns in

March 2020 as the Coronavirus Pandemic (COVID-19) spread throughout the United States impacting

Rhode Island. Work continued remotely throughout the COVID-19 pandemic to address the cancelled

spring recreational season and modify plans for future seasons. The following COVID Control Plan is

the result of a collaborative effort by Pawtucket Youth Soccer Association (PYSA) Board of Directors

utilizing youth sport organizations State and Federal guidelines and permission to return to play with

significant restrictions.

Pawtucket Youth Soccer promotes the importance of education, self-esteem, diversity and teamwork in

a safe, fun environment, allowing players to develop to their fullest potential in soccer and in life. PYSA

strives to follow all state safety recommendations and guidelines with regard to youth contact sports

with the focus in providing kids an opportunity to safely engage with one another through youth soccer.

This control plan is subject to change as the state moves through different phases of reopening and

updated guidelines and restrictions are communicated. Therefore, the Control Plan contains a revision

date to help identify the most updated plan applicable to the current phase of reopening.

A written COVID Control Plan is required by all businesses and organizations reopening in accordance

with the requirements issued by the state, and it is a critical element to help protect public health as it

specifies an organization's plan to help mitigate the risk of spreading COVID-19 and to protect the

organization from being found noncompliant with state regulations as it resumes operations. PYSA has

been notified that the state will be checking businesses and organizations, including parks, fields, and

youth sport organizations to ensure they have a written COVID Control Plan and are in compliance with

state regulations.

As a youth sports organization, our goal is to continue providing a safe and fun environment for the

children in our community so that they can continue to develop social and athletic skills while playing

our beloved sport of soccer.

As such, Pawtucket Youth Soccer Association has put forward the following COVID Control Plan to

resume youth soccer activities in town, with parental permission.

Respectfully,

Pawtucket Youth Soccer Association Board of Directors

Face Coverings

- Players MUST wear a mask to and from the field, but not while engaged in active play.
- Coaches and volunteers must wear a face covering in accordance with RIDOH regulations and current executive orders when unable to keep six feet of physical distance from others.
- Spectators MUST wear face coverings in accordance with current executive orders.

Family & Coach Precautions and Screening

- PYSA has created a COVID tab on its website to post important COVID related information.
- PYSA membership must utilize the COVID-19 Screening Tool.
 https://reopeningri.com/wpcontent/uploads/2020/05/COVID19 Screening Tool English-NEW.pdf Individuals must stay home if they fail any of the screening questions or have COVID-19 symptoms.
- Coaches and families must use the enclosed Coach and Family checklists for each session.
- Families must take their participant's temperature 15 minutes prior to leaving for soccer event.
- Players and coaches must not attend soccer event if they have a fever (100.4 or greater).
- Coaches should help remind families of PYSA COVID Control Plan and Family Checklists.
- Coaches must collect a completed PYSA COVID-19 Waiver from each player prior to program participation and provide them to league registrar staff upon completion of program registration.
- PYSA has posted signs to promote mask, screening, distancing and other requirements.

Indoor Facility Program

Spectators

- Spectators are limited to 1 per player for age groups U4-U6 of and must not step onto the playing fields. Spectators for remaining age groups should remain in their vehicles in the facility's parking lot.
- Spectators should ensure at least six feet of physical distance between other individuals.
- Spectators must wear face coverings in accordance with current executive orders. Individuals will be instructed to leave the facility if they don't comply with protocols.

Stable Groups and Group Size

- All indoor activities will be limited to stable groups of no more than 25 per each event session.
 "Stable groups" means the same players, board members and coaches remain in the same group all season.
- Event size is limited to 100 per venue.

Soccer Activities and Play Modifications

- Training sessions and scrimmages should focus primarily on practice and skill development.
- Only goalkeepers may touch the ball with their hands. Field players, referees, and spectators shall avoid handling the ball.
- Throw-ins will be replaced by kick-ins. Players must retrieve the ball with their feet.
- Heading the ball is not allowed except in the U15 age group.
- Slide tackling is not allowed.

Social Distancing

- Physical distancing of six feet between persons is encouraged, but not required while engaged
 in active play. Activities where at least six feet of physical distance can be maintained are
 encouraged, and 14 feet is preferred. Group members should maintain six feet distance when
 not engaged in active play (water breaks, etc.).
- No handshakes, high fives or unnecessary contact.

Scheduling

- Soccer activities must be scheduled by program coordinators to limit crowds.
- Activities will be physically spaced out to allow for proper distancing between groups
 And to allow for at least 30 minutes between activities conducted on the
 same playing area. This will help minimize any overlap between groups.
- Groups should promptly leave after play to avoid mingling or contact with other groups.

Equipment and Facility Cleaning

- PYSA will provide hand sanitizer for players and coaching staff to be used before and after practice.
- Players must bring their own ball and water bottle and not share their water.
- Clean pinnies will be provided at the beginning of the session and are only allowed to be used once per player and must be immediately bagged after use. Pinnies MUST be washed after every use.
- Indoor facility restrooms will be cleaned after each practice.
- Indoor turf field will be cleaned and sanitized with after each practice.

Responding to a Positive Case or Outbreak

- PYSA Board of Directors will work to educate coaches and families about COVID-19 guidelines, the PYSA COVID Control Plan, and how to respond to a positive case.
- If a player, coach, or household member has a fever or COVID-19 symptoms, they must remain home for 14 days and follow all health department guidelines.
- PYSA Board Member will call RIDOH upon learning of a positive PYSA case.
- If a player on a team or in a stable group tests positive for COVID-19, the team or group (if they have been in close contact with the athlete) needs to quarantine for 14 days and a PYSA Board member will work with RIDOH on testing, contact tracing, etc.

Outdoor Programs

PYSA does not have any scheduled outdoor programs for the Fall 2020 season. Outdoor COVID-19 Control Plan will be revised in preparation for 2021 Programs at a later date to include the following control plan information:

- > Referees
- Concession
- General Precautions & Seating
- Signage
- > Volunteers

Family Pre-practice Checklist

In order to reduce risk of spread, PYSA families **must** comply with the checklist items below:

- * Take your child's temperature 15 minutes prior to departure for every practice
- Ensure your child answers NO to all of the RI COVID-19 Screening Tool questions:
 https://reopeningri.com/wpcontent/uploads/2020/05/COVID19 Screening Tool English-NEW.pdf
- Child must use hand sanitizer prior to and after practice.
- Do not bring food to practice and minimize amount of equipment in bags
- ❖ Label water bottle with child's name and remind them not to share water
- Handshakes, high fives, fist bumping or any unnecessary contact is prohibited
- ❖ Clean/Sanitize child's equipment after each practice

*

If your child has a temperature or answered yes to any screening questions, you must not send them to practice.



ASSUMPTION OF RISK / WAIVER OF LIABILITY/INDEMNIFICATION AGREEMENT

IN CONSIDERATION OF my child/ward being allowed to participate in any way in the **Pawtucket Youth Soccer Association** related events and activities, the undersigned acknowledges, appreciates, and agrees that:

The risks of injury and illness (ex: communicable diseases such as MRSA, influenza, and COVID-19) to my child from the activities involved in these programs are significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce these risks, the risks of serious injury and illness do exist; and,

- 1. FOR MYSELF, SPOUSE, AND CHILD, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASES or others, and assume full responsibility for my child's participation; and,
- 2. I willingly agree to comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases. If, however, I observe any unusual or significant concern in my child's readiness for participation and/or in the program itself, I will remove my child from the participation and bring such attention of the nearest official immediately; and,
- 3. I myself, my spouse, my child, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Pawtucket Youth Soccer Association; its directors, officers, officials, agents, employees, volunteers, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, ILLNESS, DISABILITY, DEATH, or loss or damage to person or property incident to my child's involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
- 4. I, for myself, my spouse, my child, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.
- 5. I, the parent/guardian, assert that I have explained to my child/ward: the risks of the activity, his/her responsibilities for adhering to the rules and regulations, and that my child/ward understands this agreement.

I, FOR MYSELF, MY SPOUSE, AND CHILD/WARD, HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT WE HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Name of Child/Ward:	Date of Birth:
Name of Parent/Guardian:	
Parent/Guardian Signature:	Date:
Emergency Phone Number(s):	_

REOPENING RI

COVID-19 Screening Tool

Recommended tool to screen employees, clients, and/or visitors for symptoms of COVID-19.

SYMPTOMS

HAVE YOU HAD ANY OF THE FOLLOWING SYMPTOMS IN THE PAST THREE DAYS THAT ARE NOT EXPLAINED BY ALLERGIES OR A NON-INFECTIOUS CAUSE?	YES	NO
COUGH		
SHORTNESS OF BREATH OR DIFFICULTY BREATHING		
FEVER OR CHILLS		
MUSCLE OR BODY ACHES		
SORETHROAT		
HEADACHE		
NAUSEA OR VOMITING		
DIARRHEA		
RUNNY NOSE OR STUFFY NOSE		
FATIGUE		
RECENT LOSS OF TASTE OR SMELL		

RISK FACTORS

	YES	NO
Have you been in close contact (less than six feet) with anyone with COVID-19 or symptoms of COVID-19 in the past 14 days? ¹		
Have you traveled anywhere outside the 50 United States in the past 14 days?		
Have you traveled to Rhode Island for a non-work-related purpose from another city, town, county, or state that currently has a stay-at-home restriction, a shelter-in-place restriction, or a similar restriction, declaration, or announcement due to a COVID-19 outbreak?		
Have you been directed to quarantine or isolate by the Rhode Island Department of Health or a healthcare provider in the past 14 days? If so, when does/did your quarantine or isolation period end?		

IF YOU HAVE ANSWERED "YES" TO ANY OF THE QUESTIONS ABOVE, AND YOU CANNOT EXPLAIN THESE SYMPTOMS BY KNOWN ALLERGIES OR NON-INFECTIOUS ILLNESSES, THEN YOU CANNOT ENTER THIS BUILDING FOR THE SAFETY OF OTHERS

- · Employees: Please contact your supervisor and your Human Resources representative.
- . Visitors: Please call to discuss when you can return to this facility.

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reopeningri.com | health.ri.gov/covid
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Does not apply to people who come into contact with people with symptoms of COVID-19 during the course of their daily work white wearing full and appropriate personal protective equipment (PPE). See <a href="https://www.ndc.gov/normania/2015-poo/hon-go

Public health, public safety, and healthcare workers are exempt. Does not apply to anyone traveling for medical treatment, to attend funeral or memorial services, to obtain necessities like groceries, gas, or medication, to drop off or pick up children from day care, or to anyone who must work on their boats.



Feeling Sick?

Stay home when you are sick!

If you feel unwell or have the following symptoms
please leave the facility and contact your health care provider.
Then follow-up with your coach.

DO NOT ENTER if you have:



FEVER



COUGH



SHORTNESS OF BREATH



cdc.gov/CORONAVIRUS



Fred Nunes – PYSA President	